

# GLUTEN FRIENDLY MENU

## (NON-GLUTEN CONTAINING INGREDIENTS)



### STARTERS

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| <b>Homemade seasonal soup</b> with truffle butter                                  | £5.25 |
| <b>Asparagus &amp; Duck Egg</b>  | £7.95 |
| <b>Heritage Tomatoes</b> with English goats' cheese, rocket and salsa verde        | £6.95 |
| <b>Pan Fried Sea Trout</b> with new potatoes, chives and horseradish crème fraiche | £8.45 |

### PAN PACIFIC (SMALL PLATES)

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| <b>Chargrilled Chicken Skewers</b> with yellow curry sauce and lime leaves              | £7.95 |
| <b>Yellowfin Tuna Tartare</b> with egg yolk, matcha sea salt and sesame & lime dressing | £8.95 |
| <b>Steamed Rice</b> with spring onion and kimchi  | £4.95 |
| <b>Edamame Beans</b> with bean sprouts and sesame                                       | £4.95 |

### SALADS

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| <b>Poached Sea Trout and Smoked Salmon</b> with baby potatoes, soft boiled egg, green beans, baby gem lettuce and sour cream & dill dressing | £8.45 / £15.95 |
|--|----------------|

### MAINS

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| <b>Pan Roasted Sea Bass Fillets</b> with heritage tomato, bean & apple casserole, saffron potatoes and roasted butternut squash | £16.95 |
| <b>Roasted Cod</b> with cauliflower puree, roasted potatoes, tenderstem broccoli, samphire and chorizo dressing                 | £15.95 |
| <b>Pan fried Sea Trout Fillet</b> with tenderstem broccoli, charred shallot petals, new potatoes, baby carrots and fennel broth | £16.95 |
| <b>Thai Yellow Curry</b> with chargrilled vegetable skewer, steamed rice and stir-fried vegetables                              | £13.95 |
| <b>Thai Red Curry</b> with chargrilled chicken breast, fragrant basmati rice and stir-fried vegetables                          | £14.95 |

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|---|--------|
| <b>8oz Rib eye steak</b>                      | £20.95 |
| <b>10oz Staffordshire sirloin steak</b>       | £23.95 |
| <b>8oz Staffordshire mid cut fillet steak</b> | £25.95 |

(all with a baked field mushroom, grilled plum tomato and a choice of potatoes)

*Add a sauce for £2.25 – peppercorn - Shropshire blue cheese - mushroom truffle – béarnaise*

*Add a butter for £1.95 - shrimp & crayfish - truffle - smoky garlic - bone marrow*

### DESSERTS

Ice cream & sorbet selection £5.25

Vanilla Crème brûlée £6.95

Fresh fruit & sorbet £5.95

*Please note that we do endeavour to keep the fryer oil used for our chips free from gluten, however this is not always possible. If you suffer from a severe intolerance, then please enquire with a member of the management team as to whether or not the oil can be guaranteed to be gluten free at the time of your visit.*