

# Allergen Matrix

UPDATED 15.02.19

| Category    |  | Cereals | Contains Gluten? | Crustaceans | Eggs | Fish | Peanuts | Soya | Milk | Nuts             | Celery & Celeriac | Mustard | Sesame | Sulphur Dioxide | Lupin | Molluscs |
|-------------|--|---------|------------------|-------------|------|------|---------|------|------|------------------|-------------------|---------|--------|-----------------|-------|----------|
| Starters    | Pressed pork & chicken liver terrine     | W       | ✓                |             |      |      |         |      | ✓    |                  |                   |         |        | ✓               |       |          |
| Starters    | Asparagus & duck egg                     |         |                  |             | ✓    |      |         |      | ✓    |                  |                   |         |        | ✓               |       |          |
| Starters    | Heritage tomatoes                        |         |                  |             |      |      |         |      | ✓    |                  |                   | ✓       |        | ✓               |       |          |
| Starters    | Bubble & squeak cake                     | W,B,O   | ✓                |             | ✓    |      |         |      | ✓    |                  | ✓                 |         |        | ✓               |       |          |
| Starters    | Pan Fried sea trout                      |         |                  |             | ✓    | ✓    |         |      | ✓    |                  |                   | ✓       |        | ✓               |       |          |
| Starters    | Seasonal soup                            | W,B     | ✓                |             |      |      |         | ✓    | ✓    | Walnuts          | ✓                 | ✓       | ✓      | ✓               |       |          |
| Starters    | Pan fried flat field mushroom            | W       | ✓                |             | ✓    |      |         | ✓    | ✓    |                  | ✓                 |         |        | ✓               |       |          |
| Pan-pacific | Tempura sea bass, king prawns & calamari | W       | ✓                | ✓           |      | ✓    |         |      |      |                  |                   | ✓       |        | ✓               |       | ✓        |
| Pan-pacific | Pork and prawn dumplings                 | W       | ✓                | ✓           |      | ✓    |         | ✓    |      |                  |                   |         |        | ✓               |       |          |
| Pan-pacific | Chilli baked cod fillet in a banana leaf | W       | ✓                |             |      | ✓    |         | ✓    |      |                  |                   |         |        |                 |       |          |
| Pan-pacific | Crispy sesame chicken                    | W       | ✓                |             | ✓    |      |         |      | ✓    |                  |                   |         | ✓      |                 |       |          |
| Pan-pacific | Honey & soy duck breast                  | W       | ✓                |             | ✓    |      |         | ✓    | ✓    | Pecans & Walnuts |                   |         | ✓      |                 |       |          |
| Pan-pacific | Spicy miso chicken                       | W       | ✓                |             | ✓    |      |         | ✓    |      |                  |                   |         | ✓      |                 |       |          |
| Pan-pacific | Hot rock sirloin                         | W       | ✓                |             |      |      |         | ✓    | ✓    |                  |                   |         |        |                 |       |          |
| Pan-pacific | Chargrilled chicken skewers              |         |                  | ✓           |      |      |         |      | ✓    |                  | ✓                 |         |        |                 |       |          |
| Pan-pacific | Yellowfin tuna tartare                   |         |                  |             | ✓    | ✓    |         |      |      |                  |                   | ✓       | ✓      | ✓               |       |          |
| Pan-pacific | Handmade sushi                           | W       | ✓                | ✓           | ✓    | ✓    |         | ✓    |      |                  |                   | ✓       | ✓      |                 |       |          |
| Pan-pacific | Seared beef tataki & caviar              |         |                  |             | ✓    | ✓    |         |      |      |                  |                   | ✓       |        |                 |       |          |
| Pan-pacific | Steamed rice                             |         |                  |             |      |      |         |      |      |                  |                   |         |        | ✓               |       |          |
| Pan-pacific | Asparagus & butternut squash             | W       | ✓                |             |      |      |         | ✓    |      |                  |                   |         | ✓      |                 |       |          |
| Pan-pacific | Stir fried pork rice                     | W,B     | ✓                |             | ✓    |      |         | ✓    |      |                  |                   |         | ✓      |                 |       |          |
| Pan-pacific | Edamame beans                            |         |                  |             |      |      |         |      |      |                  |                   |         | ✓      |                 |       |          |
| Mains       | Pan fried sea trout fillet               |         |                  |             |      | ✓    |         |      |      |                  | ✓                 |         |        | ✓               |       |          |
| Mains       | Crackling crusted belly pork             | W       | ✓                |             | ✓    |      |         | ✓    | ✓    |                  |                   |         |        | ✓               |       |          |
| Mains       | Pan roasted chicken supreme              | W       | ✓                |             |      |      |         | ✓    | ✓    |                  | ✓                 |         |        | ✓               |       |          |
| Mains       | Beer battered haddock fillet             | W,B     | ✓                |             |      | ✓    |         |      | ✓    |                  |                   |         |        | ✓               |       |          |
| Mains       | Roasted cod                              |         |                  |             |      | ✓    |         |      | ✓    |                  |                   |         |        |                 |       |          |
| Mains       | Thai red curry                           |         |                  | ✓           |      | ✓    |         |      | ✓    |                  |                   |         |        |                 |       |          |
| Mains       | Chargrilled steak burger                 | W,B     | ✓                |             | ✓    | ✓    |         |      | ✓    |                  | ✓                 | ✓       | ✓      | ✓               |       |          |
| Mains       | Pan roasted sea bass fillets             |         |                  |             |      | ✓    |         |      | ✓    |                  | ✓                 |         |        | ✓               |       |          |

The Swan with two necks

| Category           |   | Cereals | Contains Gluten? | Crustaceans | Eggs | Fish | Peanuts | Soya | Milk | Nuts      | Celery & Celeriac | Mustard | Sesame | Sulphur Dioxide | Lupin | Molluscs |
|--------------------|---|---------|------------------|-------------|------|------|---------|------|------|-----------|-------------------|---------|--------|-----------------|-------|----------|
| Mains              | Herb crusted lamb rump                  | W       | ✓                |             |      |      |         | ✓    | ✓    | Pistachio |                   |         |        | ✓               |       |          |
| Mains              | Steak, mushroom & ale pie               | W,B     | ✓                |             | ✓    |      |         |      | ✓    |           | ✓                 |         |        | ✓               |       |          |
| Steaks             | Rib eye                                 |         |                  |             |      |      |         |      |      |           |                   |         |        | ✓               |       |          |
| Steaks             | Sirloin                                 |         |                  |             |      |      |         |      |      |           |                   |         |        | ✓               |       |          |
| Steaks             | Mid cut fillet                          |         |                  |             |      |      |         |      |      |           |                   |         |        | ✓               |       |          |
| Steaks             | Chateaubriand for two                   |         |                  |             | ✓    |      |         |      | ✓    |           |                   |         |        | ✓               |       |          |
| Sharers            | Seafood                                 | W       | ✓                | ✓           |      | ✓    |         |      | ✓    |           |                   |         |        | ✓               |       | ✓        |
| Sharers            | Butchers grill                          | W,B,O   | ✓                |             | ✓    |      |         | ✓    | ✓    | Pistachio |                   | ✓       |        | ✓               |       |          |
| Vegan & Vegetarian | Fennel, apple & broccoli pakora         | W,B     | ✓                |             |      |      |         |      |      |           | ✓                 |         |        | ✓               |       |          |
| Vegan & Vegetarian | Satay tempeh steak                      | W,B     | ✓                |             |      |      | ✓       | ✓    |      |           |                   |         | ✓      |                 |       |          |
| Vegan & Vegetarian | Beetroot, mushroom & spinach wellington | W       | ✓                |             | ✓    |      |         | ✓    | ✓    |           | ✓                 |         |        | ✓               |       |          |
| Salads             | Poached sea trout & smoked salmon       |         |                  |             | ✓    | ✓    |         |      | ✓    |           |                   |         |        | ✓               |       |          |
| Salads             | Chicken caesar                          | W,B     | ✓                |             | ✓    | ✓    |         |      | ✓    |           |                   |         |        | ✓               |       |          |
| Salads             | Breaded goats cheese                    | W       | ✓                |             | ✓    |      |         |      | ✓    | Walnuts   |                   | ✓       |        | ✓               |       |          |
| Butters & Sauces   | Shrimp & crayfish butter                |         |                  | ✓           |      |      |         |      | ✓    |           |                   |         |        |                 |       |          |
| Butters & Sauces   | Truffle butter                          |         |                  |             |      |      |         |      | ✓    |           |                   |         |        |                 |       |          |
| Butters & Sauces   | Smoky garlic butter                     |         |                  |             |      |      |         |      | ✓    |           |                   |         |        | ✓               |       |          |
| Butters & Sauces   | bone marow butter                       |         |                  |             |      |      |         |      | ✓    |           |                   |         |        | ✓               |       |          |
| Butters & Sauces   | Shropshire blue                         |         |                  |             |      |      |         | ✓    | ✓    |           | ✓                 |         |        | ✓               |       |          |
| Butters & Sauces   | Peppercorn sauce                        |         |                  |             |      |      |         | ✓    | ✓    |           |                   | ✓       |        | ✓               |       |          |
| Butters & Sauces   | Mushroom truffle                        |         |                  |             |      |      |         | ✓    |      |           | ✓                 |         |        | ✓               |       |          |
| Butters & Sauces   | bearnaise                               |         |                  |             | ✓    |      |         |      | ✓    |           |                   |         |        | ✓               |       |          |
| Sides              | Chunky chips                            |         |                  |             |      |      |         |      |      |           |                   |         |        | ✓               |       |          |
| Sides              | Mash                                    |         |                  |             |      |      |         |      | ✓    |           |                   |         |        | ✓               |       |          |
| Sides              | Truffle & parmesan fries                |         |                  |             |      |      |         |      | ✓    |           |                   |         |        |                 |       |          |
| Sides              | Beer battered onion rings               | W,B     | ✓                |             |      | ✓    |         |      |      |           |                   |         |        |                 |       |          |
| Sides              | Marinated mixed olives                  |         |                  |             |      |      |         |      |      |           |                   |         |        | ✓               |       |          |
| Sides              | Baked breads with balsamic oil & butter | W,B,R   | ✓                |             |      |      |         |      | ✓    |           |                   |         |        | ✓               |       |          |
| Sides              | Green vegetables                        |         |                  |             |      |      |         |      | ✓    |           |                   |         |        |                 |       |          |
| Sides              | House salad                             |         |                  |             |      |      |         |      |      |           |                   | ✓       |        | ✓               |       |          |
| Sides              | Garlic ciabatta                         | W,R,B   | ✓                |             |      |      |         |      | ✓    |           |                   |         |        |                 |       |          |
| Sides              | Garlic ciabatta with cheese             | W,R,B   | ✓                |             |      |      |         |      | ✓    |           |                   |         |        |                 |       |          |
| Sides              | Garlic & rosemary potatoes              |         |                  |             |      |      |         |      | ✓    |           |                   |         |        |                 |       |          |



