

ALLERGEN & INTOLERANCES INFORMATION BOOKLET

We hope this information will enable everyone who comes to the Swan with two necks to enjoy our food.

This document contains all our allergen information.

Our dish descriptions do not mention every ingredient, just ask us if unsure.

Our suppliers and kitchens handle numerous ingredients and allergens. Whilst we have strict controls in place to reduce the risk of contamination, unfortunately it is not possible for us to guarantee that our dishes will be 100% allergen free.

Please always inform waiting staff of an allergy before ordering so we can take extra care preparing your dish.

Should you have specific dietary requirements please ask the restaurant manager for details before you order.

The following pages highlight the known allergen ingredients within our dishes. Please use the following key for identifying the cereals that are within each dish;

W	Wheat
R	Rye
WW	Whole Wheat
WG	Whole Grain
B	Barley
S	Spelt
O	Oats



Allergen Matrix

Updated 02.08.17

Category		Cereals	Contains Gluten?	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery & Celeriac	Mustard	Sesame	Sulphur Dioxide	Lupin	Molluscs
Starters	Homemade seasonal soup, rustic bread	W,B,R	Yes					✓	✓	Walnuts	✓	✓		✓		
Starters	Baked garlic mushrooms and cheddar cheese	W	Yes		✓			✓	✓		✓					
Starters	Bubble and squeak potato cake	W, B, O	Yes		✓				✓		✓			✓		
Starters	Duck, spring onion and sesame spring rolls	W	Yes					✓					✓			
Starters	Chilli crumbed chicken strips	W	Yes		✓				✓							
starters	Tempura hake, scallops and king prawns	W	Yes	✓		✓			✓							✓
Starters	Smoked mackerel pate, toasted walnut bread	W, R	Yes			✓			✓	Walnuts						
Deli Sharers	Canapes	W, O, B	Yes	✓	✓			✓	✓		✓	✓	✓	✓		✓
Deli Sharers	Artisan Cheese	W	Yes		✓			✓	✓		✓		✓	✓		
Deli Sharers	Oriental	W, B	Yes	✓	✓	✓	✓	✓	✓		✓		✓	✓		
Deli Sharers	Fish	W, B	Yes	✓	✓	✓			✓		✓	✓		✓		✓
Salads	Caeser salad with chargrilled chicken breast	W, B, R	Yes		✓	✓			✓							
Salads	King prawn and crabmeat salad			✓					✓					✓		
Salads	Crispy pork with Asian slaw	W, B	Yes		✓			✓	✓	Cashew						
Salads	Breaded goat's cheese with caramelised onion	W	Yes		✓				✓	Walnuts		✓		✓		
Salads	Chargrilled pesto chicken skewers								✓							
Mains	Pan roasted chicken supreme	W	Yes					✓	✓					✓		
Mains	Sizzling vegetable fajitas	W	Yes						✓							
Mains	Haddock fillet in fresh beer batter	W, B	Yes		✓	✓			✓			✓				
Mains	Pan fried duck breast, dauphinoise potatoes							✓	✓		✓			✓		
Mains	Homemade Staffordshire beefburger	W, B	Yes		✓	✓			✓		✓	✓		✓		
Mains	Pan roasted lamb rump							✓	✓					✓		
Mains	Homemade steak, ale, mushroom pie	W,B	Yes						✓		✓			✓		
Mains	Pan fried hake fillet	B	Yes			✓					✓			✓		✓
Mains	Breaded chicken breast , roasted potatoes	W	Yes		✓			✓	✓					✓		
Mains	Goats' cheese and red onion tart	W	Yes		✓				✓	Cashews				✓		
Mains	Pan fried seabass fillets, creamy dill and prawn			✓		✓		✓	✓		✓			✓		
Mains	Wild mushroom risotto balls	W	Yes		✓				✓		✓			✓		
Mains	Pan seared cod fillet, belly pork, black pudding	W,B,O	Yes		✓	✓		✓	✓		✓			✓		

The Swan with two necks - August 2017

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Desserts	Sweet sharer for two	W,B	Yes		✓			✓	✓	Pistachio,Hazelnut,Almond						
Desserts	Mississippi mud pie cheesecake	W	Yes		✓			✓	✓							
Desserts	Lemon and kiwi meringue roulade	W	Yes		✓				✓							
Desserts	Passion fruit crème brulee, shortbread biscuits	W	Yes		✓				✓							
Desserts	Sticky toffee pudding	W	Yes		✓				✓							
Desserts	Double chocolate cookie dough	W	Yes		✓			✓	✓							
Desserts	Banoffee pie with salted caramel icecream	W	Yes		✓				✓							
Desserts	Homemade chocolate brownie	W	Yes		✓			✓	✓							
Desserts	Ice cream and sorbet, homemade brandy snap	W	Yes					✓	✓							
Desserts	Cheese slate	W,B	Yes						✓		✓					
Desserts	Vanila Ice cream								✓							
Desserts	Strawberries and cream ice cream								✓							
Desserts	Chocolate ice cream								✓							
Desserts	Honeycomb ice cream								✓							
Desserts	Salted caramel ice cream								✓							
Desserts	Mint chocolate chip ice cream							✓	✓							
Desserts	Raspberry ripple ice cream								✓							
Desserts	Lemon sorbet															
Desserts	Mango sorbet															
Desserts	Raspberry sorbet															
Desserts	Orange sorbet															
Desserts	Brandy snap basket	W	Yes						✓							
Desserts	Cheese slate	W,B	Yes						✓							
Desserts	Shropshire Blue								✓							
Desserts	Ford Farm cave aged traditional cheddar								✓							
Desserts	Tunworth camembert style cheese								✓							
Desserts	Wild garlic yarg								✓							
Desserts	Apple and carrot chutney	B							✓							
Desserts	Artisan biscuits	W,B	Yes						✓							
Desserts	Custard								✓							